

Marginality , lack of opportunities, employement, social exclusion, genre issues violence , drug addiction are problems tha affect youth and commuunities around them. These Trainings pretend to provide tools , knowledge and insigths so that the participants so that they can work with this at risk- youth.

Why to use the arts as a mean of intervention with the youth?

Art is a mechanism to generate new ways of belonging , social participation and community organization and combats social exclusion . The art promotes changes in the daily life of children and youth enabling the development of their creative capacities , autonomy and sense of belonging

Circus includes risk, play, creativity , commitment , discipline which combines fun and education bringing to the participants a experience and satisfaction during the learning process as well as immediate rewards

It is a way to become aware of both self and others ,to develop giving a control and body intelligence which in turn helps participants to manage anxiety and to cope with aggressive impulses

Through the arts, participants develops values such as engagement improvement of self-esteem, taking care of the body, sharing with the others , cooperation and solidarity

Circus art combine the complementary elements of strength, talents, team work and attention to the others

Social circus is a proven approach that breaks victim paradigm to youth at -risk, participants are considered people who are full of capacities and potentialities, offering a belonging and safe space where to thrive from the capacity of being able to make and avoiding the sterotype of victimization or the assistance .

They are offered a safe and inclusive space in which they can thrive and belong which promotes empowerment . SOCIAL CIRCUS



INTRODUCIÓN







O PRINTY TEACHING Creativity is the key troughout the process and it will serve to: Provide ressources and valuable examples To furnish the tools so they can build up a safe and playful environment. To ensure the are able to animate the groups and resolve potential conflicts during the workshops. Last but not least to try to get the best of each participant. Examples of creative activities: Blending strectching with storytelling. Bodystorming , expressing ideas and concept with the body. Practising circus techniques with reading books. - Examples or role playing inspired by the theater of the oppresed. Creativity will allows us to break stereotypes, deconstruct the imagenery ,get out of the box, look for new perspectives , find new pos-

Creativity will allows us to break stereotypes, deconstruct the imagenery, get out of the box, look for new perspectives, find new possibilities, use both hemispheres of the brain to their full potential, to deal with our fears, and to delve into the unknown learning from our mistakes.

Ressources

Mind maps, prototypes, anecdotes, video projections, films, consulting bibliographie.

Theory will be just one part of the whole thing paying special attention to the development of curiosity and self -discovery a a way to reinforce the learning process.

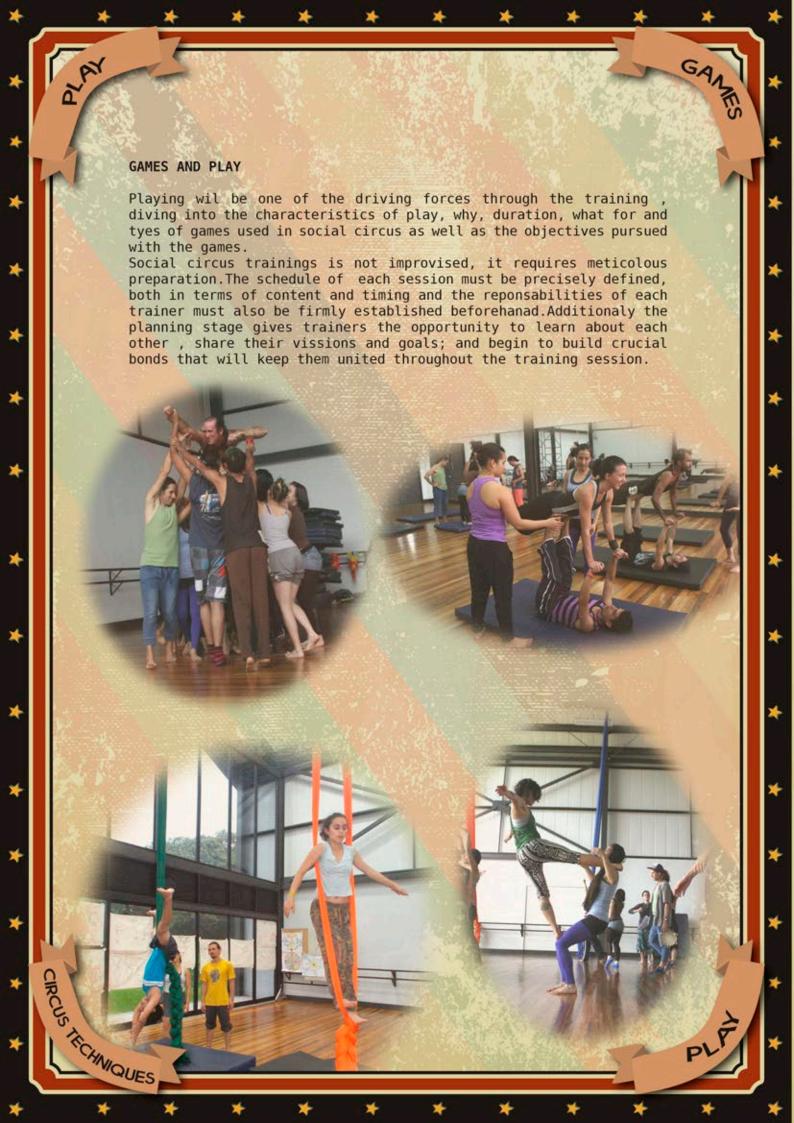
TEACHING

We will examine differents ways of teaching and learn new ways to trasmit theoretical knowleadge and expertise in order to enrich and enhance our vision of the process of both teaching and learning: Task assignment, direct command, problem solving, reciprocal teaching, masterful demostrations.

Coperative learning will be often prioritized to place value on collective achievement , active participation , equality, trust, openess, mutual respect and personal contribution to attain the goals. We will focus on an evolution of cooperation , open and guided by an organic pedagogial progression adapted to each of the participant .The particiants will learn how to become facilitators , to stimulate dicussions and mediate debates in order to make the experience of one benefit all.

Trainers must maintain this role of animators through the training session, in thi role trainers must demostrate exemplary human qualities, develop positive relationship with participants and put forth the best image and also embody all the values and good practices that they promote during the training session, as well as the value of the organization they are working for.

DIDAC





DURATION

Ideally the development of the sessions would be 2 and half hours with games, activitiess and theory followed by a 2 hour practical sesion focussing on specif circus skills with a pause in between. The ideal duration of a complete training is 60 hours but the content and length can be adapted to the needs, objectives and capacities of the hosting organization.

An introducton to social circus can be also also offered with a duration of 32 hours

PARTICIPANTS

20 max.

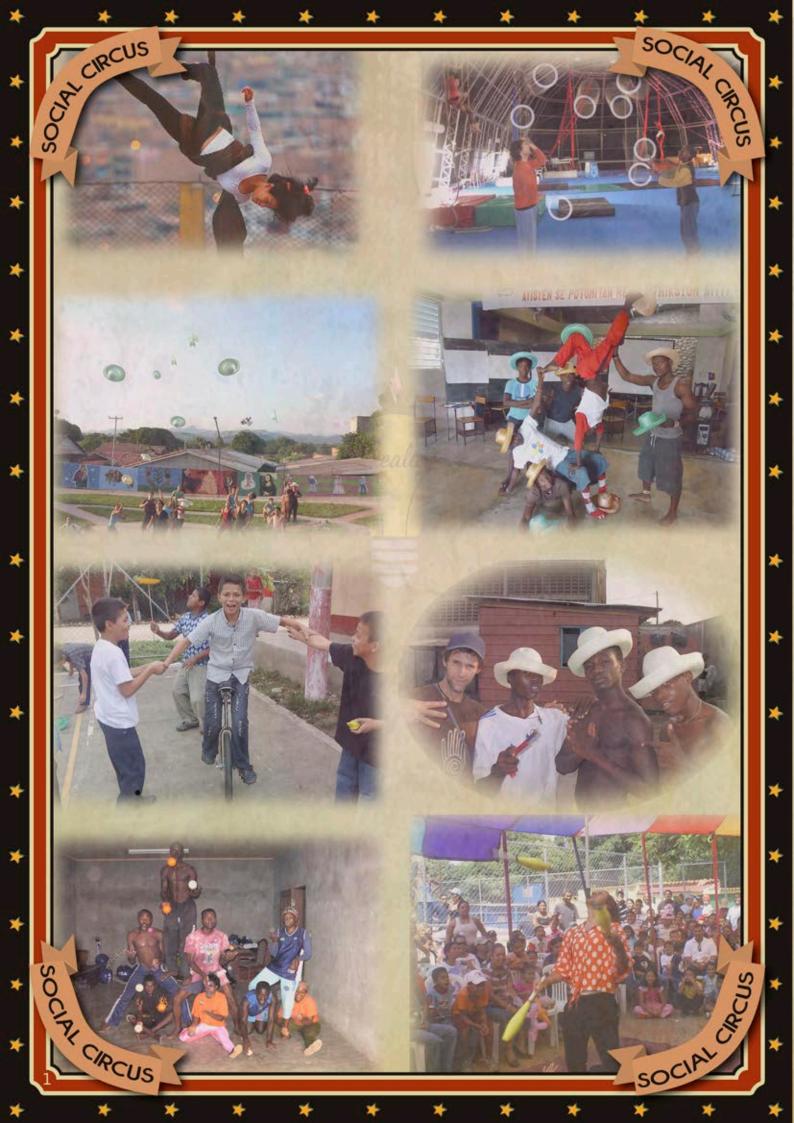
PARTICIPANTS

REQUIREMENTS

- Open space
- flip chart
- video projector
- sound system
- coloured markers
- circus equipment, juggling balls, unycicle, mattresses, aerial tra-
- pece, aerials silks if available.

REQUIRENCE

Saculum CV ANTONIO BENÍTEZ 11-04-1966 Spain PROFILE: Biólogist, pedagóge, trainer of trainers, professional juggler, circus artist, mùsician , diving instructor, traveller and venturer by nature. LANGUAGES: Spanish, english, french, portugués PROFESSIONAL OBJECTIVES: To use creativity and teaching as a tool to help others and the divulgation of alternatives ludic pedagogies using arts as means for social change. TRAININGS: 2007-2008 Circus trainer , National circus school Montreal, 1991-1992 Degree in Environmental Management in Industry, Lon dres, Inglaterra. 1985-1991 Degree in biology, Universidad de Granada, España. PROFESSIONAL EXPERIENCE: Trainer in Creative workhops in Santiago (Chile)2013 Ciudad de Pa nama(Panama,) 2016 Loja (Ecuador)2015 ,San Juan (Puerto Rico) 2016, Lima (Peru), 2017 Ciudad de Guatemala 2017 (Guatemala) Madrid 2017, Alicante 2018, Barcelona 2019 (España), Vasc country 2019. Circus shows and workshops at French schools in Panamá (2015), Maine USA(2017), México (2018), Kiev (2019). Trainer of trainers at (Cirque du monde, Cirque du soleil) in Mexico, Ecuador, Brasil, Argentina, Haiti , Peru , Costa Rica, Chile,2010-2018. Juggling techniques: passing and flying hats workshops at conventions, and circus schools Portugal, Noruega, Argentina, Ecuador, Peru, Colombia, Brasil, Venezuela, Mexico, Dinamarca, Slovenia, Holanda ,Alemania, Grecia , Pais Vasco, etc.. de 1994 a 2015 CONTACT: antolio@hotmail.com. www.facebook.com/crealios OTHER OFFERTS CURRICITY Creativity workshops and lectures and social circus talks. More information in www.creatividadypedagogia.com.





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-Julieta Infantino